

#### Jan 8 - Jan 26 **High School** Monu

		REVISED 12/11/2023		Menu	
Monday, January 8	Tuesday, January 9	Wednesday, January 10	Thursday, January 11	Friday, January 12	
Entrée Hamburger/Cheeseburger Chicken Sandwich Turkey & Cheese Wrap Vegetables Potato Wedges Baked Beans Fruit Fresh Orange Frosted Blueberries Milk Options Skim Plain, Skim Chocolate	Entrée Beef Fiestada Pizza Cheesy Nachos ACP Bowl Vegetables Salsa Seasoned Black Beans Fruit Sliced Peaches Diced Pineapples Milk Options Skim Plain, Skim Chocolate	Entrée Chicken Tenders Meatloaf Salisbury Steak Whole Wheat Roll Vegetables Mashed Potatoes w/Gravy Green Beans Fruit Fresh Apple Mixed Fruit Milk Options Skim Plain, Skim Chocolate	Entrée  Beef & Chili Beans w/Chips Philly Chicken Sandwich Chicken Pastry Vegetables  Fresh Green Garden Salad Glazed Carrots Fruit Fresh Banana Peach Cup Milk Options  Skim Plain, Skim Chocolate	Entrée  Mac & Cheese Texas BBQ Corn Muffin French Bread Pizza Vegetables Oven Roasted Broccoli Buttery Corn Marinara Cup Fruit Fresh Grapes Applesauce Cup Milk Options Skim Plain, Skim Chocolate	
Monday, January 15	Tuesday, January 16	Wednesday, January 17	Thursday, January 18	Friday, January 19	
THE TIME IS ALWAYS RIGHT TO DO WHAT IS RIGHT  MARTIN LUTHER KING JR. DAY	Entrée General TSO's Chicken Teriyaki Beef Bites Chicken & Veg Dumplings Seasoned Rice Vegetables Oven Roasted Broccoli Seasoned Black Bean Fruit Fresh Pear Diced Pineapples Milk Options	Entrée Popcorn Chicken Bowl Pork Chop Country Fried Steak Biscuit Vegetables Mashed Potatoes w/Gravy Buttery Corn Fruit Fresh Apple	Entrée Grilled Cheese Sandwich Hamburger/Cheeseburger Ham & Cheese Croissant Vegetables Vegetable Beef Soup Baby Carrots w/Dip Fruit Fresh Banana Diced Pears	Exam Day Entrée Pizza Cheese Sticks Hot Dog w/Chili Vegetables Oven Roasted French Fries Marinara Cup Green Beans Fruit Fresh Grapes	

Ë	HE TIME IS ALWAYS RIGHT TO DO WHAT IS RIGHT
М	ARTIN LUTHER KING JR. DAY

# Milk Options Skim Plain, Skim Chocolate

## Mixed Fruit **Milk Options**

Skim Plain, Skim Chocolate

#### Milk Options Skim Plain, Skim Chocolate

### Applesauce Cup Milk Options Skim Plain, Skim Chocolate

Monday, January 22	Tuesday, January 23	Wednesday, January 24	Thursday, January 25	Friday, January 26
Exam Day Entrée Chicken Wrap Vegetables Sweet Potato Fries Oven Roasted Broccoli Fruit Fresh Orange Diced Pears Milk Options Skim Plain, Skim Chocolate	Exam Day Entrée Cheese Quesadilla Veqetables Salsa Seasoned Black Beans Fruit Fresh Pear Frosted Blueberries Milk Options Skim Plain, Skim Chocolate	Exam Day Entrée Hamburger/Cheeseburger Vegetables Potato Wedges Green Beans Fruit Fresh Apple Mixed Fruit Milk Options Skim Plain, Skim Chocolate	Exam Makeup Day Entrée Fish Nuggets Honey Sriracha Chicken Hushpuppies Vegetables Buttery Corn California Blend Fruit Fresh Grapes Applesauce Cup Milk Options Skim Plain, Skim Chocolate	Teacher Workday

Either Chef Salad or Yogurt Parfait Offered Daily.

Lettuce and tomato cups offered with wraps, sandwiches, and tacos.

This institution is an equal opportunity provider.